

NU Start Packing List

The following is a list of items that will add to your comfort, enjoyment and sanity:

(A) An **alarm clock** and wristwatch

(B) Clothing:

- swim wear
- pants
- shirts
- comfortable shoes
- dress shoes
- shorts
- sandals
- undergarments
- robe (you will be walking down the hall to the bathroom)
- gym clothes
- thongs or slippers (to get you to the shower and back)
- sweatshirt or light jacket
- umbrella
- pajamas
- hat or cap
- one outfit (t-shirt, long pants, and comfortable shoes) that you wouldn't mind getting dirty and wet at the Challenge and Adventure Courses.
- 1-2 semi-formal outfits-these will be for the etiquette dinner and play. No jeans, tennis shoes or mini skirts please.

(C) Personal Hygiene:

- deodorant
- toothpaste
- comb
- toothbrush
- brush
- shampoo/conditioner
- bath soap
- facial tissue
- lotion
- any prescription medication needed
- shaving cream/gel
- blow dryer
- razor
- First aid kit (small supply of band-aids, disinfectant, cotton swabs, Tylenol, sore throat medicine, cold medicine, etc.) *not required but strongly recommended
- sun screen
- bug spray

(D) Linens:

- bath towels
- blankets
- hand towels
- washcloth
- pillow
- sheets (the university does NOT provide linens to students so you must bring your own)
- laundry bag or basket

(E) Optional items:

- pens/pencils/paper/notebooks
- comforter/bedspread
- power strip(s) (strongly recommended)
- snacks
- computer disks
- cd's
- movies
- sports equipment
- bicycle & good bike lock
- stereo
- computer
- backpack
- postage stamps/envelopes
- dictionary
- camera/film
- playing cards
- dry erase markers for door
- iron
- shower caddy to carry your bathroom and shower items to the bathroom
- microwave

(F) Other:

- laundry detergent, fabric softener and dryer sheets
- Spending money for laundry, incidentals, snacks, and outings with your new friends

**Each room comes with a mini refrigerator/freezer (approximately 6 cubic feet) so once again do not bring one from home!!